



Dear friends, clients, and fellow travelers,

As I expand my healing practice and introduce the *Emotional Memory Process*™ program, ebooks, you may notice I'm working under the name "*Jura Anima*." I wanted to share a bit about this transition with those who have known me as Jurate.

This shift represents the natural evolution of my work and the integration of my diverse experiences in health sciences, energy healing, and intuitive practices. *Jura Anima* as "Inner-Self Right" embodies the core mission of my practice: a deep commitment to deeper level of healing and transformation.

In my videos, courses and programs, I purposefully employ a "faceless approach" – minimizing personal presence to create a sacred container for each participant's inner journey. This deliberate stepping back allows students to focus deeply on their own process rather than on the therapist. By reducing my personal identity in the work, the methodology itself becomes the guide, enabling more authentic and profound inner exploration.

This professional identity allows me to create a clear distinction between my personal life and the healing methodology I'm bringing into the world.

I remain the same person you've always known by my friends and clients, with the same values and dedication to healing work. This evolution simply reflects the integration of my life's diverse experiences into a cohesive approach to healing that I'm now ready to share more widely.

Thank you for your understanding and continued support on this journey.

With warmth and gratitude,

*Jura Anima*

Developer & Practitioner of the Emotional Memory Process™